

# SAPPHIRA SPA // SALON

## *Mission*

In today's world, beauty and wellness go together—good health is the basis for good beauty.

Beauty comes from feeling and being your best. It's your inner confidence that translates to the outside world as attractive. It is our belief that beauty comes from within. Here at Sapphira Spa and Salon, it's our goal to enhance every woman's natural beauty and make her feel her personal best by blending the inner and outer person she is or aspires to be.

We hope you agree and invite you to experience a day of beauty at Sapphira Spa and Salon in New York City.

Ask anyone what beauty is, and every single person will give a different answer. Beauty is what you want it to be. Beauty is how it makes you feel. Beauty makes you smile. Beauty is you.

# Treatments and Services

## Massage

**Deep Tissue Massage** (60 minute-\$70; 30 minute \$40): This intense releases stimulates the blood flow all over the body and relieves knotted muscles. Best for those with muscle tightness or tension.

**Hot Stone Massage** (60 minute-\$100; 30 minute \$55): Uses heated basalt stones to soothe and relax the body. The heat from the stones helps tight muscles to release.

**Pre-Natal Massage** (60 minute-\$70; 30 minute \$40): A pregnancy massage is the fastest-growing type of massage in the U.S. This therapeutic and very gentle bodywork focuses on the special needs of the mother-to-be as her body goes through the changes of the childbirth experience. We have special pregnancy massage tables for mommies-to-be.

**Shiatsu Massage** (60 minute-\$75; 30 minute \$50): A massage that releases toxins from the body, a Shiatsu massage uses finger tapping and is founded on the Chinese Meriden system.

**Sport Massage** (60 minute-\$85; 30 minute \$50): A special massage used to alleviate the tension that accumulates during physical activity. This massage is beneficial for the reduction of muscle tension and for improving circulation.

## Nails

**Signature Manicure and Pedicure:** (\$20 manicure, \$28 pedicure; special price \$40 for both) Our signature treatment begins with a calming foot soak in rosewater with petals. It is then followed by nail shaping of square or oval, cuticle care, a moisturizing hand and sole exfoliation, a relaxing hand and foot massage, hot towel wrap, hand and foot lotion rub, and application of quick dry.

**French Manicure/Pedicure:** \$25 (both mani and pedi)

**With Signature treatment:** (\$45 for both)

**Basic Manicure:** \$14

**Basic Pedicure:** \$20

## *Makeup*

1-hour makeup application with lesson by certified makeup artist: \$50

30-minute makeup application by certified makeup artist: \$25

We sell the popular line *Colors by Geena Mineral Makeup* in our salon, and this makeup is used by our makeup artists

## *Laser Hair Removal and Electrolysis*

Full Body: \$50

Half Body (Arms, Chest, Legs): \$28

Eyebrow Waxing: \$15

## *Facials*

Facial clean, exfoliate, and nourish the skin to promote clear, well-hydrated skin.

**Seaweed Facial** (60 minutes) A seaweed wrap plus a cool soothing contour mask is applied to the face. Helps skin moisturize, tone, and diffuse redness, thus restoring your epidermis to a healthy glow. (\$100)

**Paraffin Facial** (75 minutes): Warm wax works wonders for dehydrated skin. A warm paraffin mask is applied after exfoliation and a stimulating acupressure massage, resulting in plump, firm, glowing skin. (\$125)

## *Packages*

**For Men:** Facial, Back Massage, Eyebrow waxing (120 minutes; \$120)

**For the Teen:** Basic Manicure/Pedicure, 10-minute makeup application, 30-minute Shiatsu or Sports massage (70 minutes; \$75)

**For the Bride:** Signature Manicure, Pedicure, Seaweed Facial, Stone massage, 1-hour makeup application (3 hours; \$300)

**Couples Massage:** Dual massage/Full body plus champagne (120 minutes; \$200)

## *Special Events*

Sapphira Spa and Salon is happy to host bachelorette parties, bridal parties, birthday parties, you name it. We have hosted pre-Prom parties for high school students as well as WCM office parties—wine, cheese, and massage!

If you would like a private spa party with friends, that can be arranged as well with special accommodations made, such as champagne, gift, and floral arrangements. Sapphira is happy to arrange your special needs for your special occasion. We have also hosted charity events and donated gift baskets to local schools for fashion shows.

We have an onsite makeup artist at Sapphira Spa and Salon who is also happy to work with you if you'd like to book a personal make-up beauty party. The occasion is entirely up to you!

To arrange a special event at Sapphira Spa and Salon, or to inquire about gift certificates, please call our manager, Tracy Faith, at 212-555-1212 or contact her via email at [tracy@sapphiraspa.com](mailto:tracy@sapphiraspa.com). We look forward to hosting your special day!

## Contact Us

Contact us to schedule an appointment or to make any inquiries:

Sapphira Spa and Salon

6423 E. 87<sup>th</sup> St

New York, NY 10555

212.555.5555

[info@sapphiraspa.com](mailto:info@sapphiraspa.com)

### **Our hours:**

Sunday: 10am-4pm

Mon: Closed

Tues: 8am-8pm

Wed: 8am-6pm

Thurs: 8am-8pm

Friday: 10am-8pm

Saturday: 10am-6pm

We are closed on national holidays with exceptions for private parties.

We look forward to seeing you!